

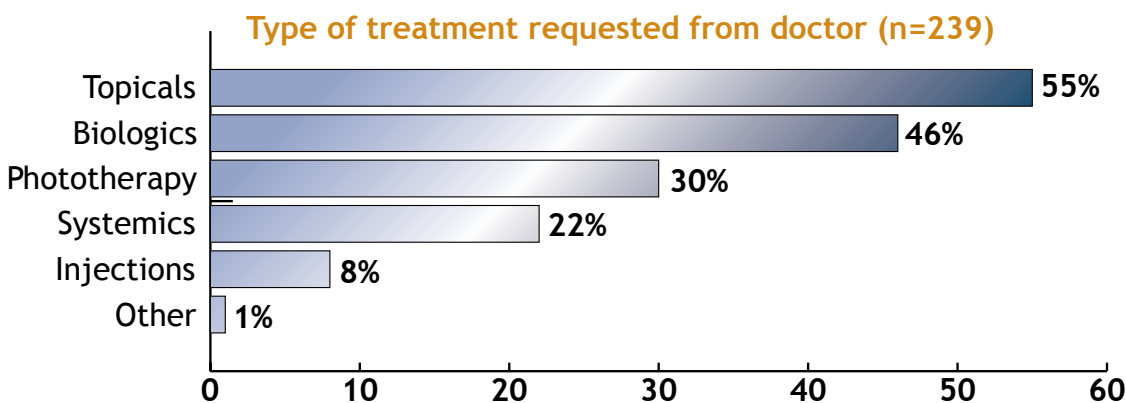
The National Psoriasis Foundation conducts survey panels twice each year to understand the experiences and opinions of people with psoriasis and psoriatic arthritis. These surveys help the Psoriasis Foundation gain awareness and document the impact of these diseases. This information is used to shape programs that meet the needs of the psoriasis community and to determine the need for additional research. Highlights from the Fall 2006 Survey Panel are below.

Respondent demographics

- Nearly two-thirds of respondents (61%) have been diagnosed with psoriasis, while more than one-third of respondents (38%) have been diagnosed with both psoriasis and psoriatic arthritis.
- More than one-quarter (30%) of respondents without a psoriatic arthritis diagnosis have joint pain or stiffness lasting more than three months.

Doctor care and treatment satisfaction

- More than two-thirds of respondents (68%) saw one to two different doctors in the past two years for their disease.
- Nearly three-quarters of respondents (70%) see a dermatologist compared to a general practitioner (16%) or rheumatologist (18%).
- When at the doctor's office, nearly three-quarters of respondents (71%) report they see only the doctor during their visit about their psoriasis, while nearly one-quarter (23%) report they see the doctor and another medical professional about their psoriasis.
- More than one-tenth of respondents (13%) are not in treatment either because they have given up or because of the cost of treatment.
- More than one-quarter of respondents with psoriasis (30%) and psoriatic arthritis (37%) are very satisfied with their treatment.
- Nearly two-thirds of respondents (61%) report they have asked their doctor for a specific treatment.



Impact on daily life

- More than one-third of respondents (41%) with moderate-to-severe psoriasis (>3% BSA) vacuum three times per week due to their psoriasis, and half of respondents (50%) with severe psoriasis (>10% BSA) vacuum daily due to their psoriasis.
- Nearly half of respondents (45%) with moderate-to-severe psoriasis (>3% BSA) change the sheets on their bed twice a week, and one-tenth of respondents (10%) with severe psoriasis (>10% BSA) change the sheets on their bed daily due to their psoriasis.
- More than one-third of respondents (35%) with moderate-to-severe psoriasis (>3% BSA) always avoid wearing black clothing due to their psoriasis.

Quality of life

- More than one-third of respondents report strong feelings of anger and frustration (41%), helplessness (35%) and self-consciousness (35%) with their psoriasis (Koo-Menter Psoriasis Instrument, PQOL-12).
- Nearly one-half (45%) of respondents report they choose their clothing to conceal their psoriasis.
- Many respondents with psoriasis and psoriatic arthritis consider their disease to be a large problem in everyday life.

Problem in everyday life	Psoriasis (n=415)	Psoriasis and psoriatic arthritis (n=163)
Large problem (8-10)	28%	48%
Moderate problem (4-7)	51%	38%
Small problem (1-3)	20%	13%

Respondents were asked to rate the problem of their disease in everyday life from 1 to 10, where 1 means no problem at all and 10 means a very large problem.

Methodology

Interviews were conducted with individuals with psoriasis and psoriatic arthritis by phone (n=200) and online (n=225) from Nov. 12 – Dec. 4, 2006. Respondents were screened for a balance of gender and age, and more than two-thirds (70%) of respondents had moderate to severe psoriasis.

For more information from the survey, please contact Liz Horn, Ph.D., at research@psoriasis.org or 800.723.9166, ext. 404.

About the National Psoriasis Foundation

The National Psoriasis Foundation is a patient-driven, nonprofit organization that is the voice for the millions of people diagnosed with psoriasis and/or psoriatic arthritis.

Our mission is to improve the quality of life of people who have psoriasis and psoriatic arthritis. Through education and advocacy, we promote awareness and understanding, ensure access to treatment and support research that will lead to effective management and, ultimately, a cure.

For more information, please call 800.723.9166 or visit www.psoriasis.org.