

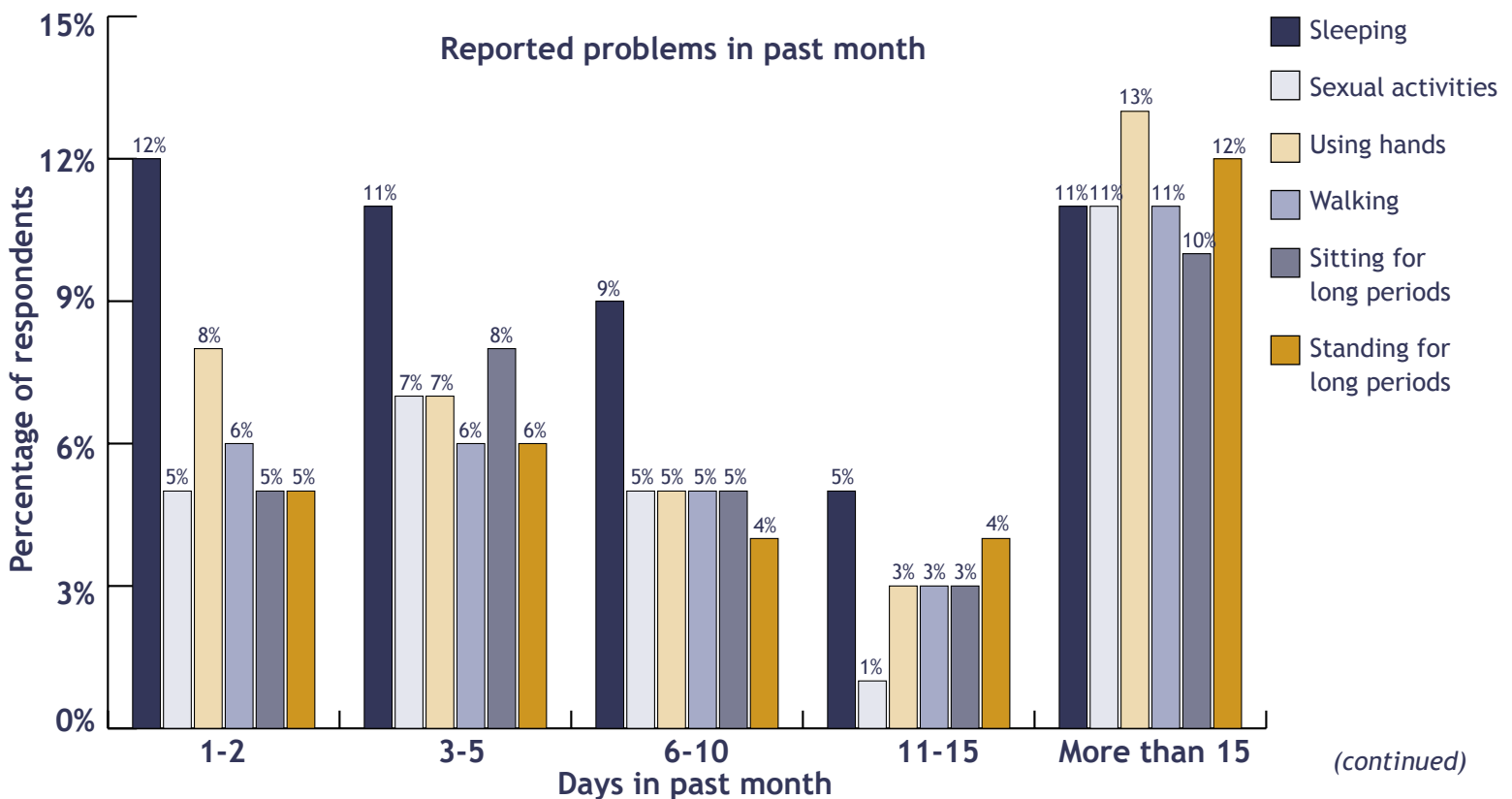
The National Psoriasis Foundation conducts survey panels twice each year to understand the experiences and opinions of people with psoriasis and psoriatic arthritis. These surveys help the Psoriasis Foundation gain awareness of the impact of these diseases in order to develop programs to meet the needs of the psoriasis community and to determine the need for additional research. Highlights from the Spring 2005 Survey Panel are below.

## Respondent demographics

- Nearly two-thirds of respondents (65%) have been diagnosed with psoriasis, while one-third of respondents (33%) have been diagnosed with both psoriasis and psoriatic arthritis
- More than one-quarter (27%) of respondents without a psoriatic arthritis diagnosis have joint pain or stiffness lasting more than three months

## Impact on daily life

- Nearly one-half of respondents (48%) report problems sleeping in the past month
- Nearly one-third of respondents (29%) report their disease interfered with their sexual activities in the past month
- Approximately one-third of respondents report problems using their hands (36%) and walking (31%) in the past month
- Nearly one-third of respondents report problems sitting (31%) and standing (31%) for long periods of time in the past month



## Quality of life

- Nearly one-half of respondents report strong feelings of anger and frustration (44%), self-consciousness (45%) and embarrassment (42%) with their psoriasis (Koo Menter Psoriasis Index, 8-10 on a 0-10 scale where 0 means not at all and 10 means very much)
- Nearly one-half (47%) of respondents report that they choose their clothing to conceal psoriasis
- More than one-third of respondents with psoriasis (33%) and psoriatic arthritis (38%) consider their disease to be a large problem in everyday life

Problem in everyday life	Psoriasis (n=418)	Psoriatic arthritis (n=147)
Large problem (8-10)	33%	43%
Moderate problem (4-7)	42%	41%
Small problem (1-3)	25%	15%

Respondents were asked to rate the problem of their disease in everyday life from 1 to 10 where 1 means no problem at all and 10 means a very large problem.

## Doctor care and treatment satisfaction

- More than two-thirds of respondents (67%) saw one to two different doctors in the past two years
- More than half of respondents (64%) see a dermatologist compared to a general practitioner (16%) or rheumatologist (11%)
- Nearly one-fifth of respondents (15%) are not in treatment either because they have given up (52%) or because of the cost of treatment (24%)
- More than one-quarter of respondents with psoriasis (27%) and psoriatic arthritis (38%) are very satisfied with their treatment

## Methodology

Interviews were conducted with individuals with psoriasis and psoriatic arthritis respondents by phone (n=201) and online (n=225) from May 23 – June 10, 2005. Respondents were screened for a balance of gender and age, and nearly two-thirds (65%) of respondents had moderate to severe psoriasis.

For more information from the survey, please contact Liz Horn, Ph.D., at [research@psoriasis.org](mailto:research@psoriasis.org) or 800.723.9166, ext. 404.

### About the National Psoriasis Foundation

The National Psoriasis Foundation is a patient-driven nonprofit organization that is the voice for more than 5 million people diagnosed with psoriasis and/or psoriatic arthritis.

Our mission is to improve the quality of life of people who have psoriasis and psoriatic arthritis. Through education and advocacy, we promote awareness and understanding, ensure access to treatment and support research that will lead to effective management and, ultimately, a cure.

For more information, please call 800.723.9166 or visit [www.psoriasis.org](http://www.psoriasis.org)