Skyrizi is the trade name for the biologic risankizumab-rzaa. Biologics are medications made from living sources such as human, animal or bacteria cells. Skyrizi is used to treat psoriasis.

How effective is it?
Skyrizi helps to stop inflammation in the skin and reduce psoriasis symptoms.

A clinical trial is a research study used to determine how safe and effective a new treatment is. This often is done to compare the new treatment with a placebo (an inactive pill, liquid or powder that has no treatment value).

In clinical trials of Skyrizi for adults with plaque psoriasis:
- 75% of people experienced at least a 90% improvement after 16 weeks
- 81% of people experienced at least a 90% improvement after 52 weeks

Treating your psoriatic disease is important for disease management, reducing your risk for comorbidities (related health conditions) and improving your overall health and quality of life. Keep in mind that each person responds differently to treatments. Speak with your health care provider about what treatment may be most appropriate.

Fast facts about Skyrizi
- Was approved by the U.S. Food and Drug Administration for treating adults with moderate to severe plaque psoriasis in April 2019
- Works by targeting the cytokine (a type of protein involved in the immune system) called interleukin 23 (IL-23)
- Is available by prescription and is given as two self-injections (shots that you give yourself; help and training is offered for self-injections)
- Is meant to be taken long-term

Financial assistance
AbbVie provides financial support and other resources for people taking Skyrizi. For more information, call 1-866-759-7494 or visit skyrizi.com
How does it work?

Biologics for psoriatic disease work by targeting a specific part of the immune system that is overactive.

Your immune system protects your body from illness and infections. With psoriatic disease, the immune system is overactive. This causes inflammation of the skin and speeds up skin cell growth. It also causes inflammation in joints, tendons and ligaments in psoriatic arthritis.

Who can take it?

Adults over the age of 18 with moderate to severe plaque psoriasis can take Skyrizi. If you are pregnant or breastfeeding, speak with your health care provider prior to starting Skyrizi.

Who should not take it?

You should not take Skyrizi if you have had serious allergic reactions to risankizumab-rzaa or any of its ingredients.

What are the risks?

There is the risk for an allergic reaction and an increased risk for infections. This is because the treatment is causing some immunosuppression (lowering the function of the immune system). If you notice any sign or symptom of infection, speak with your health care provider right away. Before starting Skyrizi, you will be screened for latent (non-active) tuberculosis (TB). Avoid receiving live vaccines while taking Skyrizi.

Speak with your health care provider if you develop a fever or chest pains that do not go away, shortness of breath, sudden weight gain or swelling of your ankles or feet.

Common side effects

In clinical trials, the most common side effects associated with Skyrizi are:

- **Upper respiratory infections**: 13% of patients treated with Skyrizi reported upper respiratory infections (compared to 9.7% of patients treated with a placebo)
- **Headache**: 3.5% of patients treated with Skyrizi experienced headache (compared to 2% of patients treated with placebo)
- **Fatigue**: 2.5% of patients treated with Skyrizi experienced fatigue (compared to 1% of patients treated with placebo)

These side effects happen most often after the first dose and may decrease after additional doses or over time. The side effects are generally mild and do not cause most people to stop taking Skyrizi.

Keep in mind that side effects observed in clinical trials may not predict actual rates of side effects.

What should I do next?

- Speak with your health care provider about whether Skyrizi is appropriate for you.
- Contact our Patient Navigation Center to find providers, discuss treatments and get help with accessing treatments (find contact information below).