STARTING YOUR PSORIASIS TREATMENT IS LIKE AIMING YOUR DART RIGHT AT THE BULLSEYE.

You’ve got your treatment target in sight!

After three months, check in with your doctor to see if your psoriasis has met the treatment target. If you’re down to having 1 percent or less of your body surface area covered in psoriasis, you hit the target! If you’re down to having your psoriasis cover 3 percent or less of your body surface area or you’ve experienced 75 percent improvement, you’re getting an acceptable response from your treatment, but you haven’t hit the target yet. If that’s the case, stick with your treatment for another three months. Hopefully you’ll hit the target after you’ve been on your treatment for six months! But if you still haven’t hit the target after six months on your treatment, talk to your doctor about your treatment options. You may decide to change the dose, add a treatment, or switch to a new treatment. Remember, there are many available therapies for psoriasis. Keep working with your doctor to find the one that will help you hit your target.